



Volunteer Application Form

Name:

D.o.B:

Address:

.....

E-mail:.....

Tel: Home Mobile:

Skills & Experience

What attracts you to becoming a mentor or other volunteer? Why would you be good at it? How do you feel the work could be of benefit to you?

Volunteer Application Form

Guidance Notes

Skills & Experience:

This section is not just about things that you might have done in a job. Think about your experience of:

- Bringing up a family
- Running a household
- Helping neighbours and friends
- Dealing with crises during your life
- Involvement with the activities at your place of worship
- Supporting or organising events or being a school governor.
- Any voluntary work you have done – including such things as being a trustee or acting as secretary for a local group.
- Participating in hobbies and interests.

Try not to underestimate what you can do. Above all we are looking for general life experience and the right approach rather than high flying work experience.

What Attracts You To Becoming A Volunteer? Why Would You Be Good At It?

Look at the description of the personal qualities needed and the type of work that the mentors will be doing to see how you match these.

Also please let us know what you would like to get out of doing the work. What do you need and want from the project. We feel that you will do a better job and feel happier if we can help you, as well as the survivors, benefit from the project.

Use this section to outline some ways in which you feel you might be able to contribute. These can be based on activities you have done in the past and/or things you like doing. Just leave it blank if you do not have any ideas at this stage.

If you are not sure about this question please ring us. We will always be happy to have a preliminary chat with you!

Qualifications Training

If you have any please let us know what they are but they are not essential to becoming a mentor.

References:

Ideally these should have known you well for at least 2 years either through work or home/social life.